

# **MEAT EDUCATION**

Sheep and Goats



In the meat industry, sheep and goats are often referred to as small ruminants when discussing their contribution to the consumer market.

## **CHEVON**

Meat from a goat.
Chevon is the most widely consumed red meat in the world.

## **LAMB**

Meat from a sheep under 1 year old. Lamb is considered a delicacy.

## **MUTTON**

Meat from a sheep 1 year old or older. Mutton has a very different taste from lamb (strong flavor) and is not as popular.

# **RETAIL CUTS**

leg loin Rib Shoulder

Loi
Breast

RIB F

SHOULDI

**LEG** Whole leg, short cut leg (sirloin off), shank (portion roast), center leg roast, center slice, American-style roast, Frenched-style roast, boneless leg roast, hind shank, sirloin chop, and boneless sirloin

**LOIN** Loin roast, loin chop, and double loin chop

**RIB** Rib roast, rib chop, Frenched rib chop, and crown roast

**SHOULDER** Square-cut shoulder (whole), pre-sliced shoulder, boneless shoulder roast, neck slice, blade chop, and arm chop

OTHER Lamb for stew, cubes for kabobs, and ground lamb

## **LIVE WEIGHT**

## DRESSING PERCENTAGE The measured weight of a

carcass before slaughter

The percentage weight of a carcass ready for chilling (about 54% of sheep live weight and 51% of goat live weight)

# SHEEP + GOAT PROCESSING

While skin is called a hide on cattle, the skin on a sheep is referred to as a pelt.

There are several factors that can add unneeded weight to a live animal and reduce the dressing percentage for a carcass, including:

#### HORNS + UNSHORN WOOL OR HAIR + GUT FILL

#### **BREAKING DOWN THE CARCASS**

Sheep and goat carcasses are not usually split into sides because their small size does not cause temperature concerns during cool down.

## WHOLESALE CUTS

#### **SHEEP & GOATS**

There are 4 primal (wholesale) cuts made on small ruminants:

- 1. LEG
- 2. SHOULDER
- 3. RACK (also called RIB)
- 4. LOIN

